



2017 Allstate Sugar Bowl/USODA Midwinter Championship

November 24-25, 2017

*Hosted by Southern Yacht Club (SYC)
Organizing Authority (OA) is SYC in conjunction with USODA*

SAILING INSTRUCTIONS (SI)

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* and by the “USODA Conditions for Sanctioned Regattas and Championships.”
- 1.2. The following applies to Rule 61:
 - (a) Rule 61.1(a) is changed to add that the red protest flag required in rule 61.1(a) shall be attached to the sailor’s lifejacket in a manner that allows it to be concealed before it is needed and after the protested boat has acknowledged her foul. The third sentence of rule 61.1(a) is changed to read, “She shall display the flag until the protested boat(s) has been informed.”
 - (b) Rule 61.1(a)(2) is deleted.
 - (c) The following new rule is added:

“61.5 Informing the Race Committee (RC)

In addition to meeting the requirements of rule 61.1, a boat intending to protest another boat concerning an incident in the racing area that she is involved in or sees shall, at the first reasonable opportunity after she finishes, notify the RC finish boat of her intent to protest and the sail number of the boat(s) she is protesting.”
- 1.3. **Appendix P** will apply. The title of rule P2.2, “Second Penalty” is changed to, “Second and Subsequent Penalties.” At the end of the first sentence, add, “unless her penalty is signaled after she finishes, in which case she shall promptly notify the RC finish boat that she is retiring.” Rule P2.3 is deleted.
- 1.4. SI breaches for which a discretionary penalty may be applied by the Protest Committee (PC) are designated by “[**DP**]” – Discretionary Penalty.
- 1.5. SI breaches for which a standard penalty – as stated in the SI, including Addendum 2 – may be applied by the Race Committee (RC), without a hearing, are designated by “[**SP**]” – Standard Penalty. This change is added to rule A5.
- 1.6. SI breaches designated by “[**SP**] [**DP**]” mean that the Standard Penalty [**SP**] applies to the initial breach only. Subsequent breaches will be at the discretion of the PC – [**DP**].
- 1.7. The “Graded Penalty System” will apply and is attached as Addendum 2. “Fleet” is defined as the number of registered boats which subsequently completed competitor Check-In at the regatta venue (see SI 16.2). Percentage penalties will be rounded up to the nearest whole number.
- 1.8. Rule 63.7 is changed such that if there is a conflict between the Sailing Instructions (SI) and the Notice of Race (NOR), the SI shall govern.



2. **FORMAT OF THE CHAMPIONSHIP**

There will be a Championship Fleet which will sail as one fleet.

3. **NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located on the ground floor lobby of SYC.

4. **CHANGES TO THE SAILING INSTRUCTIONS**

Any change to the SI will be posted on the official notice board by 0830 on the day that it will take effect, except that any change to the scheduled time of racing will be posted by 1900 on the day before it will take effect.

5. **SIGNALS MADE ASHORE AND LAUNCHING**

- 5.1. Signals made ashore will be displayed from a flag halyard affixed to the “A” frame structure located near the tent in the launching area.
- 5.2. When flag “AP” is displayed, “1 minute” is replaced with “not less than 30 minutes” in Race Signal “AP”. This changes Race Signal “AP.”
- 5.3. All boats shall be kept at the venue in their assigned space.
- 5.4. [SP] Harbor Start: Boats shall not launch until flag “L” is displayed from the RC Signal Boat with one sound signal, and then shall proceed directly to the racing area.

6. **SCHEDULE OF RACES**

6.1. **Friday, November 24**

0730-0830	Continental breakfast
0815	Coaches’ Meeting – Tiki Hut
0830	Competitors’, Coaches’ and Parents’ Meeting – Tiki Hut
0900	Harbor Start
0945	First Warning Signal
	Lunch on the Water
After Racing	Competitors Dinner & Parents Social

Saturday, November 25

0730-0830	Continental Breakfast
0830	Coaches’ Meeting – Tiki Hut
0900	Harbor Start
0945	First Warning Signal
	Lunch on the Water
After Racing	Awards ceremony

- 6.2. A maximum of nine (9) races are scheduled for the championship. No more than six (6) races may be sailed in one day.

7. **RACING AREA**

- 7.1. The racing area will be on Lake Pontchartrain immediately north of SYC.



8. THE COURSE AND CHANGE OF THE NEXT LEG OF THE COURSE

- 8.1. SI Addendum 1 illustrates the course, including the general configuration of the marks, the order in which marks are to be passed, and the side on which each mark is to be left. The course length and exact configuration will be based on sailing conditions.
- 8.2. If one of the gate marks (mark 3P or 3S) is missing, boats shall round remaining mark 3 to port.
- 8.3. For a change of the next leg of the course, the RC will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.
- 8.4. The angle from mark 2 to mark 3P/3S may be changed up to 15 degrees in either direction to compensate for wind / current differences on that side of the course, without signals or change marks, provided the change is made before any boats begin that leg. This is added to rule 33.

9. MARKS

- 9.1. Rounding marks 1, 2, 3P and 3S will be orange tetrahedrons.
- 9.2. Change marks will be yellow tetrahedrons.
- 9.3. The starting marks will be two RC boats on each end of the start line displaying orange flags.
- 9.4. The finishing marks will be an RC boat displaying an orange flag and an orange mark or RC boat displaying an orange flag on each end of the finish line.

10. RESTRICTED AREAS (see also SI 19 and SI Addendum 1) [DP]

- 10.1. The **racing area** is the space encompassing the course, starting area, and finishing area. It extends 100 yards beyond any racing boat and all marks. Except as permitted by SI 19, only competing boats and official boats (designated as such by the RC) may enter the racing area while boats are racing.
- 10.2. The **waiting area** is the area to leeward of the racing area below the starting line, marked by a series of small balls or marks. Coach and support (parent or spectator) boats are to anchor with their anchors at or behind the line formed by the row of small balls or marks.
- 10.3. The **corridor** is the lane to starboard of the RC finish boat between the finish line and the waiting area, inside the race course. Boats are reminded when returning to the waiting area to not sail upwind of the starting line or across the starting line. Except as permitted by SI 19, only competing boats and official boats (designated as such by the RC) may enter the corridor while boats are racing.

11. THE START

- 11.1. Races will be started in accordance with rule 26.
- 11.2. The Class Flag will be a white flag with a blue Optimist symbol.
- 11.3. The starting line will be between a staff displaying an orange flag on a RC signal boat at the starboard end and a staff displaying an orange flag on a RC boat at the port end.
- 11.4. At least one (1) minute prior to the initial warning signal of a race, the RC will display its orange starting line flags with a sound signal, indicating the starting line is set.



- 11.5. A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start (DNS), without a hearing. This change is added to rule A5.
- 11.6. The RC **will not hail** the sail numbers of boats that are OCS or subject to starting penalties under rule 30. Unofficial 'RC actions' will be broadcast on **VHF channel 68** as a courtesy to coaches and spectators after all boats have started. The official list of RC actions will be posted on the notice board.

12. THE FINISH AND RETURN TO THE STARTING AREA

- 12.1. The finish line will be between a staff displaying an orange flag on a RC finish boat at the starboard end and a staff displaying an orange flag on a RC finish boat or the course side of an orange mark at the port end.
- 12.2. **[SP]** Immediately after finishing all boats shall sail clear of the finishing area and promptly return to the waiting area via the corridor shown in SI Addendum 1.
- 12.3. Flag "A" displayed (with no sound) while boats are finishing means "No more racing today."

13. ON-WATER JUDGES FOR RULE 42

On-water Rule 42 Judge boats will display flag "J". A Rule 42 Judge may also be aboard the RC signal boat and if so, that boat will display flag "J".

14. TIME LIMITS

- 14.1. The time limit for the first boat in a race to sail the course and finish is ninety (90) minutes.
- 14.2. Boats failing to finish within twenty (20) minutes after the first boat in a race sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This change is added to rules 35 and A5.

15. PROTESTS, SCORING REVIEWS, REDRESS REQUESTS, AND PENALTIES

General

- 15.1. Protest and scoring review forms are available at the PC desk in the lobby area on the second floor of the SYC Clubhouse. Protests, requests for redress or reopening, and requests for scoring review shall be delivered there within the appropriate time limit.
- 15.2. The protest time limit is 45 minutes after the RC finish boat docks. The protest time limit (filing deadline) will be posted on the official notice board as soon as practical.
- 15.3. The protest notices required by rule 63.2, and the notification of protests by the RC or PC required by rule 61.1(b), will be posted on the official notice board as soon as possible after a protest has been delivered, but not later than 30 minutes after the protest time limit.
- 15.4. A breach of SI 5.4, 12.2, 17, 18, 19, 20, and 21 will not be grounds for a protest by a boat. This change is added to rule 60.1(a).
- 15.5. Hearings will be held in the Baldwin and Tullis rooms located on the second floor of SYC. The helmsman shall represent the boat. This change is added to the first sentence of rule 63.3(a). Representatives of boats who are parties to a hearing and their witnesses shall remain on call in the vicinity of the PC desk.



Redress Requests

- 15.6. Requests for scoring reviews for possible scoring errors are considered requests for redress per rule 62.1. They shall be filed with the PC within the time limit and will initially be reviewed by the RC. If resolved by the RC, no hearing will be scheduled. If not resolved by the RC, the RC will request a hearing and the PC will proceed under rule 63.1.
- 15.7. If the RC posts a list of boats scored OCS, UFD or BFD on the official notice board before the time limit in SI 15.2, a request for redress based on such a posted score shall be made no later than 30 minutes after the protest time limit. This change is added to rule 62.2.
- 15.8. Requests for redress relating to an OCS or starting penalty shall state the procedural error the competitor believes the RC may have made. Further, the competitor will be expected to establish that he or she started properly. This change is added to rule 62.2.
- 15.9. On the last scheduled day of racing a request for redress based on a PC decision shall be delivered no later than 30 minutes after the decision was posted. This change is added as the last sentence to rule 62.2.

Penalties

- 15.10. A list of boats penalized for breaking rule 42 will be posted as soon as practical after racing.
- 15.11. **[SP]** A boat that has taken a penalty under rule 44.1 shall complete and sign the penalty acknowledgment log at the PC desk.
- 15.12. After application of any standard penalties **[SP]** or discretionary penalties **[DP]**, a boat's score shall not be made worse than the score for "DSQ".

16. SCORING

- 16.1. The Low Point Scoring System of rule Appendix A will apply as revised below.
- 16.2. The number of boats entered in the series will be defined as the number of registered boats which subsequently completed competitor Check-In at the regatta venue. This change is added as the first sentence to rules A2 and A4.2.
- 16.3. One (1) completed and scored race shall constitute a regatta.
- 16.4. Scoring will be based on races completed:
 - (a) When fewer than five (5) races have been completed, a boat's series score will be the total of her race scores.
 - (b) When five (5) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17. SAFETY AND CHECK-OUT / CHECK-IN PROCEDURES [SP] [DP]

- 17.1. At regatta Check-In, each sailor will be given a safety tag which will be attached to the competitor's lifejacket. Before launching each day, competitors are required to **have their personal safety tag electronically scanned** at the safety table located by the playground, indicating their departure to the race course. A competitor who will not be racing that day shall notify a volunteer at the safety table located by the playground, before the Harbor Start.



- 17.2. Immediately upon returning to shore, but **not later than 30 minutes** after the RC finish boat docks, competitors shall **have their personal safety tag electronically scanned** at the table located by the playground, indicating their return to SYC.
- 17.3. A competitor retiring from a race or intending not to start a race shall notify a RC boat or safety boat before leaving the course, or if that is not possible, notify the safety table located in the Junior dock area immediately upon returning to shore.
- 17.4. A boat with multiple infractions of SI 17.1, 17.2 or 17.3, Safety Check-Out / Check-In Procedures, may be protested by the RC and the penalty will be at the discretion of the PC.
- 17.5. **[SP]** A condition of entry and participation in this regatta is the wearing of a U.S. Coast Guard approved lifejacket or, for international sailors only, a lifejacket approved by their country's corresponding authority, properly secured at all times while on the water, except for brief periods while removing or adding clothing. All lifejackets must be suitable for the competitor's weight. Wet suits, dry suits, and inflatable lifejackets do not constitute adequate personal buoyancy. Failure to wear a proper lifejacket will result in a penalty up to and including disqualification at the discretion of the PC. These changes are added to rule 40, and the Preamble to Part 4 will not apply to rule 40.
- 17.6. Competitors shall have a whistle attached to their lifejacket at all times while on the water.
- 17.7. Each boat shall have a secure loop in the end of its bow line.

18. EQUIPMENT AND MEASUREMENT [SP] [DP]

- 18.1. Boats are allowed only one hull, daggerboard, rudder (including tiller and extension), mast, boom, sprit, and sail during the regatta. Any request to consider approving equipment substitutions shall be submitted in writing to the RC before the end of protest time limit the day prior to the day for which the substitution is to be made. If changes are required during a day's racing, approval may be made verbally and the written request submitted before that day's protest time limit.
- 18.2. Measurement may be made of boats at any time during the regatta at the direction of the RC.

19. COACH AND SUPPORT PERSON REGULATIONS (see SI 10 & SI Addendum 1) [SP] [DP]

- 19.1. **Coaches** are expected to be good role models for young sailors and conduct themselves accordingly ashore and on the water.
- 19.2. **Parents** who are on the water either in support or coach boats are considered coaches for the purpose of SI 19. Those parents who serve on RC boats (including patrol and safety boats) may not communicate in any way with their sailors or their coaches from the time the orange starting line flags are displayed until their sailor has finished his or her race (the "No Communication Period"). The only exception to this rule is when directed by the Principal Race Officer (PRO) or they are involved with safety and rescue. During periods of time when communication with coaches and/or sailors is permissible, these parents shall not transfer any strategic or tactical information (including audio or video recordings) gained due to their advantageous location on the race course or their access to RC communications, unless such information is made available to all sailors, coaches and other parents/supporters. Communications of a personal nature (e.g., 'great race', 'get something to drink', 'go see your coach', etc.) are always permissible outside the "No Communication Period".



19.3. General coach and support (parent and spectator) boat requirements:

- (a) Coach and support boats shall display a numbered flag provided by the OA at all times while on the water. All coach and support boats shall carry a VHF radio and monitor the RC channel, **VHF 68**.
- (b) No 'team' flags, private signal flags, or any object that might be construed as a signal shall be flown from coach or support boats while racing is underway.
- (c) Coach and support boats shall follow the instructions of RC, patrol, safety, PC, and other race management boats at all times.
- (d) No coach or support boat shall tie up to or congregate around any aid to navigation, such as buoys or channel markers, or tie up to any fixed fishing gear or fishing floats.

19.4. Restrictions:

- (a) All coach and support boats shall stay out of the racing area while boats are racing and at least 100 yards away from any racing boat, and move slowly and **with minimal wake**, except where permitted in this instruction.
- (b) Certain coach boats may be designated as rescue craft by the PRO or Safety Officer and given permission to enter the racing area for the purposes of rescue operations only.
- (c) When the RC hoists (or is displaying) its orange starting line flags, all coach and support boats in the starting area shall proceed immediately to the waiting area and shall remain there until the RC lowers the orange starting line flags, at which time coach and support boats may exit the waiting area and proceed slowly **with minimal wake** to the weather mark, only on the starboard side of the course. The RC may close the starboard side of the course to coach and support boats.
- (d) There shall be no anchoring inside the course or in the vicinity of the finish line.

19.5. Penalties:

- (a) Competitors affiliated with any coach, parent, or support boat that breaks SI 19 may be protested and penalized under rule 41, Outside Help, in which case the Preamble to Part 4 will not apply. This change is added to rule 41.
- (b) Coaches, parents, or support boats that repeatedly and/or intentionally break SI 19 may be subject to disciplinary actions up to and including exclusion from the venue.

20. ENVIRONMENT [DP]

Competitors and coaches are expected to comply with rule 55. Trash may be placed aboard RC boats, support boats and coach boats.

21. SPECIAL INSTRUCTIONS - EVENT ADVERTISING [DP]

Boats are required to display advertising, if any, chosen, supplied, and as instructed by the OA.

22. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The OA will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. During online registration, all

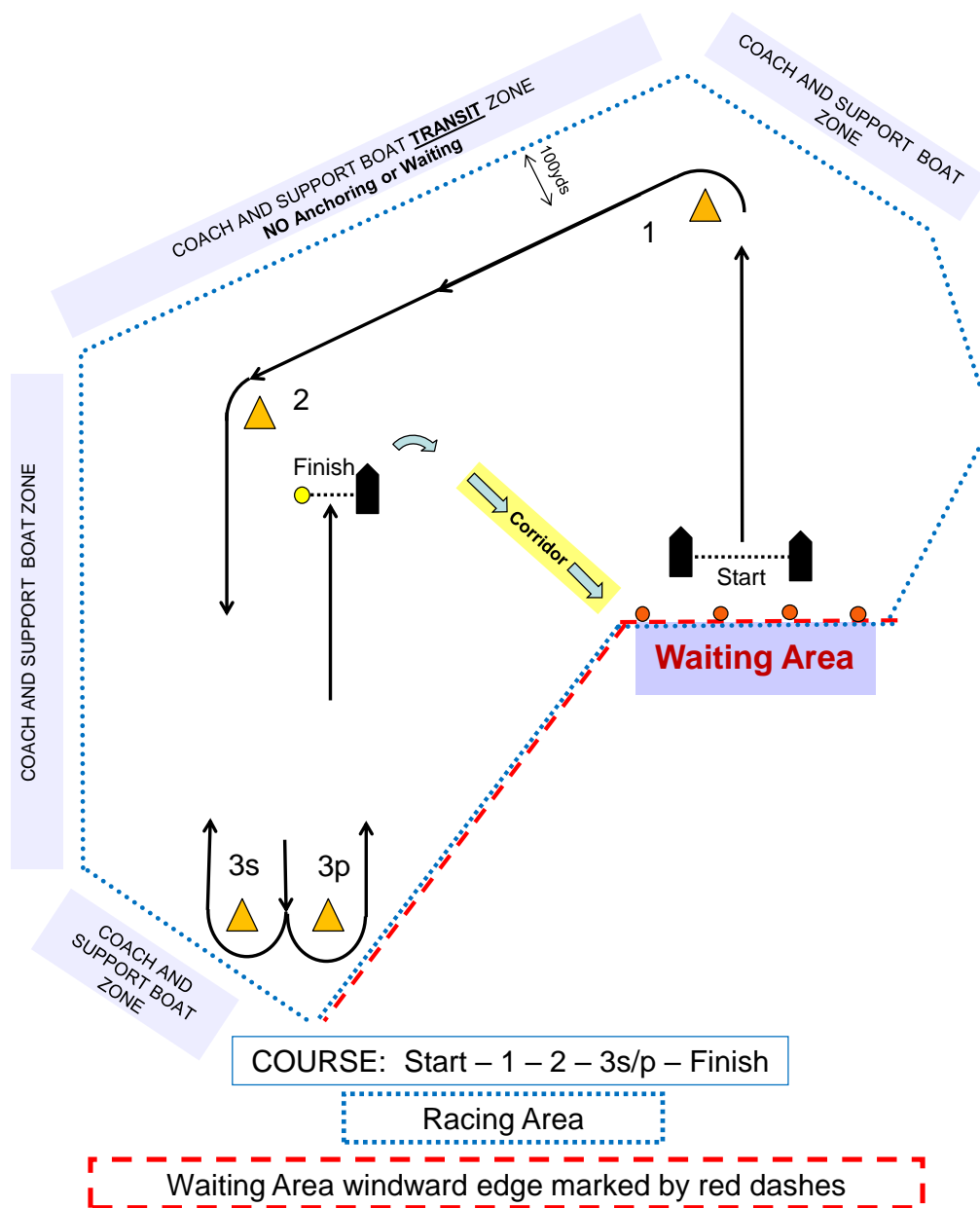


competitors and their parent/guardian checked the USODA Event Waiver box indicating they have read and agree to the USODA Event Waiver.

23. PRIZES

Prizes to be awarded are described in the Notice of Race. Subsequent prizes may be awarded at the discretion of the OA.

SI Addendum 1 – Race Course and Restricted Areas



Note: Diagram not to scale. Mark colors and shapes are illustrative only.



SI Addendum 2 – USODA Graded Penalty System

Graded Penalty System – Percentage Penalties rounded up to the next whole number

Penalties apply to the race of infringement; otherwise, to the first race of the day.

1. Minor technical and SI penalties

Penalty approximately equal to 5% of fleet

- a) Not displaying the assigned colored division streamer (N/A)
- b) Launching before ‘Harbor Start’ signal (SI 5.4)
- c) Failure to return promptly to waiting area after finishing (SI 12.2)
- d) Failure to report penalty taken (SI 15.11)

2. Minor class rule penalties and intermediate SI penalties

Penalty approximately equal to 10% of fleet

- a) Bailer not attached to hull (CR 4.3)
- b) Paddle not attached to hull (CR 4.3)
- c) Daggerboard not attached to hull (CR 3.3.4)
- d) Painter not attached to mast step (CR 4.3)
- e) Whistle not attached to personal flotation device (CR 4.2)
- f) One sail tie 5 mm or more loose (CR 6.6.3.4)
- g) Two sail ties 3 mm or more loose (CR 6.6.3.4)
- h) Accidental loss of sail tie (CR 6.6.3.4)
- i) Sailing across a race in progress before starting or after finishing (RRS 24.1)
- j) Out of the waiting area (N/A)
- k) Failure to report for measurement after finishing (N/A)
- l) Failing on-water measurement inspection (SI 18)
- m) Failure to comply with Safety Check-Out/Check-In procedures (SI 17.1/17.2)
- n) Failure to report retirement or DNC (SI 17.3)
- o) Breaches of SI 19, Coach and Support Person Regulations

3. Intermediate class rule penalties

Penalty approximately equal to 30% of fleet

- a) No bailer, paddle or painter in boat (CR 4.3)
- b) No whistle (CR 4.2)
- c) No lanyard, locking device or other arrangement to attach mast to the hull (CR 3.5.2.11)
- d) Sail outside limits of bands (CR 3.5.2.7)
- e) Two ties 5 mm or more loose (CR 6.6.3.4)
- f) Three or more ties 3 mm or more loose (CR 6.6.3.4)
- g) Throat, tack or clew eyelet 3 mm or more loose (CR 6.6.3.4)
- h) Failure to wear an approved life jacket (SI 17.5)
- i) Repeated infringement of Section 1 or Section 2 penalties, above



4. Class rule breaches for which the penalty may be 0%

- a) Class rule 3.2.2.12
- b) Class rule 3.2.3.2.d
- c) Class rule 3.3.1.3
- d) GRP Sheet plan 23 and measurement 58

5. Major class rule penalties (as per RRS)

Penalty up to DSQ – requires Protest Hearing

- a) All RRS, except as amended
- b) All SI, including amendments
- c) Use of uninspected equipment
- d) Use of unapproved fittings
- e) Repeated infringement of Section 3 penalties, above

Regatta Chairman: Christian Gambel

Principal Race Officer: Dwight Leblanc

Chief Judge: Karen Riesch

Scorer: Carol Ewing